

SYLLABUS

Department: Międzynarodowa Szkoła Doktorska

Semester: 1

Name of the department / clinic providing the course:

Department of Psychosocial Rehabilitation

Course title: Project Management

Course profile: academic

Speciality:

Level of course unit: phd students

1. Course unit title: Project management

2. Course unit code: na

3. Type of course unit: optional

4. Course language: English

5. Course aims:

The aim of this course is to provide PhD students with the essential knowledge and practical skills required for project management, particularly in the context of research and healthcare projects. Students will learn how to organise and implement projects effectively by setting clear goals, identifying stakeholders and developing comprehensive plans that include scheduling, budgeting and risk assessment. Advanced topics covered will include project portfolio management, quality assurance, monitoring and evaluation, and leadership in project environments. Upon completion of the course, students will possess the skills and confidence to manage complex projects, ensuring they meet the highest standards of quality, efficiency, and strategic alignment in academic and clinical research settings.

6. Year of study: 1

7. Types of educational activities and number of hours allocated:

Subject	Language course	Self-study	Lecture	Exercises	Laboratory	Seminar	Practical	e-learning	Profession practice	Other (what?)	ECTS points
	English					20					0

8. Number of ECTS credits allocated and their structure according to students' from of learning: NA

9. Names of course unit's faculty:

10. Prerequisites:

Before taking the exam, you must have passed: NA

11. Learning activities and teaching methods:

- Oral and multimedia presentations on the theoretical background of Project Management
- Teamwork: training in negotiation using teamwork and leadership methods.

12. Course unit content:

1. Project organisation. Setting goals and mapping stakeholders. Project planning: schedule, budget and risk management.
2. Project implementation and project portfolio management.
3. Quality and risk management within the project. Project monitoring and evaluation.
4. Management and leadership of project activities.

Course objectives:

Knowledge: Theoretical knowledge of the nature of roles in the research team and leadership in the project.

Skills: Development of problem solving skills based on different techniques of creativity.

Attitudes and transferable (generic) skills:

- Ability to communicate in an interdisciplinary and international team.
- Ability to define priorities for the execution of tasks in the team.
- Ability to cooperate in the interdisciplinary team using different team roles.

13. Required and recommended learning resources (readings):

Antonio Nieto Rodriguez. Harvard Business Review Project Management Handbook: How to Launch, Lead, and Sponsor Successful Projects.

Harvard Business Review Press Chapters, 2021

14. Assessment methods and criteria:

Active participation in the individual and team work. Credit based on team project work.

15. Additional information:

Contact with Magdalena Wrzesińska, associate professor

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magdalena.wrzesinska@umed.lodz.pl

16. Statement and signature of the course leader:

I hereby state that the content of the curriculum included in the syllabus below is the result of my individual work completed as part of work contract/cooperation

resulting from a civil law contract, and that author rights to this title are not the property of a third party.

17. Dean's signature:

18. Date: