

SYLLABUS

Department: Międzynarodowa Szkoła Doktorska

Semester:

Name of the department / clinic providing the course:

Department of Psychosocial Rehabilitation

Course title:

Course profile: academic

Speciality:

Level of course unit: phd students

1. Course unit title:

The Floor Is Yours! Self-Presentation and Public Speaking

Course unit code:

2. Type of course unit: optional

3. Course language: english

4. Course aims:

1. Developing self-presentation skills in an academic and conference context
2. Consciously shaping your own presentation style
3. The ability to tailor the content and form of your presentation to your audience
4. Dealing with stress and difficult situations during presentations

5. Form of study: full time

6. Year of study: 1

7. Types of educational activities and number of hours allocated:

Subject	Language course	Self-study	Lecture	Exercises	Laboratory	Seminar	Practical	e-learning	Profession practice
Self-Presentation and Public Speaking in Medicine and Beyond	English					20			

1. Number of ECTS credits allocated and their structure according to students' from of learning:

2. Names of course unit's faculty:

3. Prerequisites:

Before taking the exam, you must have passed: NA

4. **Learning activities and teaching methods:** mini-lecture, discussion, individual and group exercises, video recordings + analysis, speech simulations
5. **Course unit content:**

Seminar 1 (5h): Presenter - Me as a speaker

- Verbal and nonverbal communication
- Self-alignment in public speaking
- Managing stress and performance anxiety
- Authenticity and credibility

Seminar 2 (5h): Content – What to include?

- Presentation structure: organizing your talk
- Adapting language to your audience
- Different presentation formats: conference, seminar, workshop
- Visual aids: slides, posters, props

Seminar 3 (5h): Audience – How to Engage Your Listeners?

- Analyzing your audience: who's listening?
- Techniques to engage participants
- Responding to questions/discussion and handling criticism

Seminar 4 (5h): Putting It Into Practice (Assessment)

- Each participant prepares and delivers a 10–15 minute presentation
- Evaluation based on criteria: style, content, audience interaction
- **Presentations take place in a supportive, low-pressure environment**
- **Safe space for practice and feedback**

Course objectives:

Knowledge:

1. Understand the principles of effective public speaking and self-presentation
2. Know how to structure a presentation for different formats (conference, seminar, workshop)
3. Be aware of techniques to engage and analyze the audience
4. Understand the role of authenticity, credibility, and audience perception

Skills:

1. Prepare and deliver a coherent, engaging presentation
2. Adapt language, style, and content to the audience
3. Use visual aids effectively (slides, posters, props)
4. Manage stress, nerves, and unexpected questions during a talk

Attitudes and transferrable (generic) competencies:

1. Positive attitude towards public speaking and continuous learning
2. Confidence and self-awareness in professional communication
3. Ability to transfer presentation and communication skills to different contexts
4. Responsibility and ethical behavior in interactions with the audience

6. Required and recommended learning resources (readings):

Required: (uzupełnić przed wysłaniem)

Recommended: (uzupełnić przed wysłaniem)

7. Assessment methods and criteria:

- Presentation (10–15 min)
- Content and structure
- Individual style
- Audience engagement
- Feedback: group and individual
- Supportive, low-pressure environment

8. Additional information:

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9. Statement and signature of the course leader:

I hereby state that the content of the curriculum included in the syllabus below is the result of my individual work completed as part of work contract/cooperation resulting from a civil law contract, and that author rights to this title are not the property of a third party.

10. Dean's signature:

11. Date: